

CareerHub

Midterm focus, reflection and plan-a guide for Parents and Students

One term is complete. It will get busier now with the opening of the CAO, Christmas exam preparations, pause now. Reflect on what is working, what is not, what you need to do and make a plan.

How am I feeling now? (Confused, stressed, happy, content, focused, organised)? Explain.

How do I want to feel?

What is my plan for midterm or after to get there?

Study plan routine

Have I got one? Is it suiting me? Have I planned for next term and incorporated **recalling?**

What techniques am I using?

What worked and didn't work for my Midterm exams?

Mock Cao course list, CAO preparation.

Below is a mock list. Are you currently able to fill any in?

Have you researched all of your "niche" area e.g., science?

Have you explored all pathways?

Are you familiar with requirements for entry?

It's still blank for you? Why?

Level 8	Level 7/6
1.Course Code	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

What is you plan to reach the above list been complete over the next term?

Finally your plan for the next term.....